

# ST JOHN OF GOD WEEKLY PROGRAM – SEPTEMBER 2021

To maximise patient benefit, individual therapies are limited to 1 every 7 days excluding group and counselling appointments.

W: Weekly

F: Fortnightly

M: Monthly

MORNING (AM) APPOINTMENTS														
MONDAY			TUESDAY			WEDNESDAY			THURSDAY			FRIDAY		
9:30	10:30		9:30	10:30	11:30	9:30	10:30	11:30	10:30	11:30		10:00	11:00	
REIKI JUNKO COCKERILL F (Sep 13 <sup>th</sup> )			REIKI MARGARET PAPAELIAS W			ACUPUNCTURE AIDAN HURLEY F (Sep 8 <sup>th</sup> & 22 <sup>nd</sup> )			REIKI / CREATIVE VISUALISATION HELEN MARTINO-BAILEY W			RELAXATION MASSAGE ADAM HURRELBRINK W		
11:30			9:30	10:30		10:00			10:00	11:00		9:30	10:30	11:30
RELAXATION MASSAGE JUNKO COCKERILL F (Sep 13 <sup>th</sup> )			RELAXATION MASSAGE ANDREA PURSEY F (Sep 7 <sup>th</sup> & 21 <sup>st</sup> )			YOGA CAROLINE HAYERS F (Sep 15 <sup>th</sup> & 29 <sup>th</sup> )			RELAXATION MASSAGE / REFLEXOLOGY HANNAH LI W			RELAXATION MASSAGE PASQUALE MEZZATESTA F (Sep 3 <sup>rd</sup> & 17 <sup>th</sup> )		
10:00	11:00	12:00	10:00	11:15		10:30	11:30		9:30	10:30	11:30	9:30	11:00	1:00
RELAXATION MASSAGE CLARE CARNEY F (Sep 6 <sup>th</sup> & 20 <sup>th</sup> )			REFLEXOLOGY MEG SMART F (Sep 14 <sup>th</sup> & 28 <sup>th</sup> )			REIKI CHARMAINE MCDONALD F (Sep 8 <sup>th</sup> & 22 <sup>nd</sup> )			REFLEXOLOGY ALYONA DYER M (Sep 23 <sup>rd</sup> )			HAND/FOOT MASSAGE KATE BLACK W 40 min sessions		
9:30	10:30	11:30	10:00	11:00	12:00				9:30	10:30	11:30	9:30	10:30	11:30
REFLEXOLOGY SUSAN ALLEN W			ACUPUNCTURE ROCKY XU F (Sep 14 <sup>th</sup> & 28 <sup>th</sup> )						HYPNOTHERAPY NATASHA STONE F (Sep 9 <sup>th</sup> & 23 <sup>rd</sup> )			HEALING TOUCH ALIZANNE CHEETHAM F (Sep 10 <sup>th</sup> & 24 <sup>th</sup> )		
AFTERNOON (PM) APPOINTMENTS														
MONDAY			TUESDAY			WEDNESDAY			THURSDAY			FRIDAY		
3:00			1:30	2:15	3:00	1:00	2:00	3:00	1:00	2:00	3:00	12:30	1:30	2:30
COUNSELLING ALISON BICKELL F (only see existing clients)			HAND MASSAGE DONNA LYNCH F (Sep 7 <sup>th</sup> & 21 <sup>st</sup> )			COUNSELLING DAWN ANNAND F (Sep 1 <sup>st</sup> , 15 <sup>th</sup> , 29 <sup>th</sup> )			REIKI KAREN LINDSAY-SMITH W			BOWEN THERAPY MIA ABRAHAMS F (Only see female clients) (Sep 10 <sup>th</sup> & 24 <sup>th</sup> )		
			1:00			12:45	1:45	2:45	1:00	1:45	2:30	1:00		
			PILATES LISA PETERSON F (Sep 7 <sup>th</sup> & 21 <sup>st</sup> )			ACUPUNCTURE ERIN HUANG F (Sep 1 <sup>st</sup> , 15 <sup>th</sup> , 29 <sup>th</sup> )			HAND MASSAGE CLARE CHAPPELL F (Sep 2 <sup>nd</sup> , 16 <sup>th</sup> & 30 <sup>th</sup> )			PILATES LISA PETERSON F (Sep 17 <sup>th</sup> )		
			2:30			2:00			1:00	2:00	3:00			
			RESTORATIVE YOGA CAROLINE HAYERS W			SLOW FLOW YOGA CAROLINE HAYERS F (Sep 8 <sup>th</sup> & 22 <sup>nd</sup> )			LOMI LOMI MASSAGE GABRIELLE WALKER M (Sep 16 <sup>th</sup> )					

Please phone (08) 9388 9788 to make an appointment. All services are free of charge and provided through the generous contributions of our volunteers. The therapies listed in this program are subject to change.

## FATHER'S DAY RAFFLE

**\$15,000 - 1<sup>st</sup> PRIZE**

\$3.00 per ticket

Drawn 17 September 2021

Please note:

Extra safety precautions to COVID-19 are being utilised in the centre.

Social distancing rules apply.

*Please note: If you have a group session (Yoga, Meditation, Physiologist, Pilates), Counselling, Hair Health or a Hand Massage, you are welcome to have another treatment in that week.*

*At the conclusion of active treatment, a further six sessions only, are offered*

*Solaris Cancer Care is a not for profit organisation and all services are provided free of charge.*

FOLLOW US ON



**SOLARIS CANCER CARE CANCER SUPPORT CENTRE  
ST JOHN OF GOD HOSPITAL SUBIACO**

**SEPTEMBER PROGRAM 2021**

***Offering free support and information services  
to all adult cancer patients and their primary carers  
currently receiving treatment at  
SJOG Subiaco Hospital only.***

*Complementary Integrated Therapies, Support & Counselling  
Information & Education Services*



**Please help us Survive & Thrive**  
[www.solaristhrive.com.au](http://www.solaristhrive.com.au)

**For bookings or information please contact us on  
P: 08 9388 9788 or 08 9381 3097**

E: [csmsjog@solariscancercare.org.au](mailto:csmsjog@solariscancercare.org.au)

**MONDAY – FRIDAY  
9:00AM – 4:30PM  
Closed Public Holidays**