

SIR CHARLES GAIRDNER HOSPITAL WEEKLY PROGRAM – SEPTEMBER 2021

To maximise patient benefit, individual therapies are limited to 1 per week excluding group and counselling appointments

W: Weekly			F: Fortnightly			M: Monthly								
MORNING (AM) APPOINTMENTS														
MONDAY			TUESDAY			WEDNESDAY			THURSDAY			FRIDAY		
9.30	10.30	11.30	9:30	10:30	11.30	From	10.00		9.30	10.30		9:30	10:30	11:30
ACUPUNCTURE Gordon Hudson F			REFLEXOLOGY Margot Wigston W			REFLEXOLOGY INDIAN HEAD MASSAGE Sharmila Thakrar W HAND MASSAGE Brenda Baker F			RELAXATION MASSAGE Irene Brannigan W			REIKI Bob Stimpson W		
9.30	10.30	11.30	9:00	10:30		9:30	10:30	11:30		10.30	11.30	9:30	10:30	11:30
REIKI Debbie Shaw F Delwyn Klevenow F			HYPNOTHERAPY Ken Eldridge F			RELAXATION MASSAGE Tim Fisher F Deanna Dichiera W			REIKI Juanita Wilcox W Theresa Goulson M			REFLEXOLOGY Cheryl Maxwell M		
9.30	10.30		9.30	10.30	11.30	9.30				10.00		9.30		
PRANIC HEALING Trish Williams F			COUNSELLING Angela Loftus-Hills W			YOGA Sue Burgess W			PILATES Christie Otto W			YOGA Sue Burgess W		
			11.00				10.30	11.30	9.30	10.30	11.30	9.30	10.30	11.30
			HYPNOTHERAPY Marie Bowen F			REIKI Saskia Lommatzsch F			REFLEXOLOGY Cordi Blood M			HEALING TOUCH Brigitte Nyenhuis F Joanne Sumpton-Wales F		
			From 10.00 am			9.30	10.30	11.30	10/10.30	11/11.30				
			HAND MASSAGE Jo Clemons W			HEALING TOUCH Rosalie Van Aken F Gen Lyons F			HAND MASSAGE Bridget Hislop W					
AFTERNOON (PM) APPOINTMENTS														
MONDAY			TUESDAY			WEDNESDAY			THURSDAY			FRIDAY		
12.30	1.30		1.00	2.00	3.00	1.00	2.00	3.00	1.00	2.00	3.00	1.00	2.00	3.00
ACUPUNCTURE Gordon Hudson F			REFLEXOLOGY Margot Wigston W Nampur Kelsang F			REIKI Mahlia Thomson W			REIKI Jane Leeming F Theresa Goulson M			REIKI Anna Damski F		
12.00	1.00	2.00	1.00	2.00		1.00	2.00	3.00	1.00	2.00	3.00	1.00	2.00	3.00
RELAXATION MASSAGE Sally Hendricks F			REIKI/REFLEXOLOGY Joyce Camenzuli F			HEALING TOUCH Leanne Den Hartog W			FELDENKRAIS Elwyn Edwards F			KINESIOLOGY/REIKI Tanya Spooner W		
1.00	2.00	3.00	1.00	2.00	3.00				1.00	2.00	3.00	1.00/1.45/2.30/3.15		
REIKI Delwyn Klevenow F			RELAXATION MASSAGE Sally Hendricks F						HEALING TOUCH Ainslie Alison F			ACUPUNCTURE Khiuk Pui F		
			1.00	2.30										
			HYPNOTHERAPY Marie Bowen F											
			1.00	2.00	3.00									
			ACUPUNCTURE Rocky Xu F											

Please phone (08) 6383 3475 to make an appointment. All services are free of charge and provided through the generous contributions of our volunteers. The therapies listed in this program are subject to change.

Please note: Solaris Cancer Care services are limited to adult patients and their carer who are undergoing current cancer treatment and to those who are palliative. At the conclusion of treatment, a further six sessions only, are offered.

FATHER'S DAY RAFFLE

\$15,000 - 1st PRIZE

\$3.00 per ticket

Drawn 17 September 2021

SUPPORT US TODAY

ENTERTAINMENT BOOK

20% of every Entertainment Membership sold goes to support

Solaris Cancer Care

Order your digital membership online:

www.entbook.com.au/8540v7



Now open – Lower Ground Floor Comprehensive Cancer Centre
(The Centre will be relocating soon – more information to follow)

7.30 am – 3.30 pm – This collection centre is for patients of the Cancer Centre and is for **blood specimen collections only**

Solaris Cancer Care is Australia's leader in integrative cancer care, providing a helping hand to guide people towards better health. Our Support Centres provide access to quality resources and services to assist with the emotional and physical effects of cancer diagnosis, treatment, recovery and palliative care.

Solaris Cancer Care is a not for profit organisation and all services are provided free of charge.



SOLARIS CANCER CARE SIR CHARLES GAIRDNER HOSPITAL

SEPTEMBER 2021 PROGRAM

*Offering free support and information services
to all adult cancer patients and their primary carers*

*Complementary Integrated Therapies
Support & Counselling
Information & Education Services
On-site Library & Resources
Drop-in Centre
Relaxation Lounge Area*

For bookings or information please contact us on

P: 08 6383 3475

E: info@solariscancercare.org.au

or visit

**DD Block Ground Floor (entry off Watling Walk)
Sir Charles Gairdner Hospital
Hospital Avenue
NEDLANDS WA 6009**

MONDAY – FRIDAY

8.30 a.m. – 4.30 p.m.

WWW.SOLARISCANCERCARE.ORG.AU

WWW.REDSKYRIDE.ORG.AU