

# MAY WE SURVIVE

WE'LL CARE FOR YOU EVERY WAY WE CAN



## Cancer in WA



Over 13,300 people diagnosed in WA each year



3 in 10 deaths Caused by cancer in WA

## How we help



\$1.74 million worth of health care in complementary therapies delivered free per year by Solaris Cancer Care



our 350 volunteers delivered more than 28,000 therapies to cancer patients and their carers in 2019



Almost 7,000 regional cancer patients received FREE supportive care interventions in 2019



Cover 2,646,000 square kms  
Our patients come from across the State from Kununurra to Esperance



26 peer-reviewed articles published contributing to the study of complementary therapies



The need for our services rose by 16% last year and COVID-19 has put even more pressure on our mental health services



14% reduction in side effects such as pain, fatigue and nausea



Psychological scores improve roughly 8% per session – reducing stress, anxiety and depression and resulting in increased empowerment

## Solaris Cancer Care

Founded 2001 by Dr David Joske, a Clinical Haematologist. Solaris the first of its kind in Australia, and only WA based organisation providing these vital services and therapies.

### The following objectives of WA State Cancer Plan

2020-2025 are delivered through Solaris Cancer Care:

1. Ensuring Western Australians with cancer and their families live well.
2. Empowering cancer survivors to live well.
3. Supporting people affected by cancer.

## 28,000+ treatments

- Professional counselling and psychology
- Evidence based education
- Wellness coaching
- Home and hospital visits
- Assist cancer survivors to integrate back to normal life, including return to work
- Research
- Exercise physiology
- Physiotherapy
- Grief and loss

## Testimonials

"I am just so grateful, the phone counselling has really got me through – looking after R and now we are self-isolating, it's been really tough. Speaking to you – even though it's only once a week is just so helpful. Thank you so much." – R.

"It's so reassuring for me that we can still have our sessions. It's really helped to put a border around my grief – I feel like it's just flowing out of me. Being able to talk to you, make sense of it – at least gets me out of bed." – R.

## DONATE THIS MAY

To make a donation please visit [www.solaristhrive.com.au](http://www.solaristhrive.com.au)

In the spirit of giving, the entire Solaris Cancer Care May we Thrive campaign is supported in-kind by Platform Communication.



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