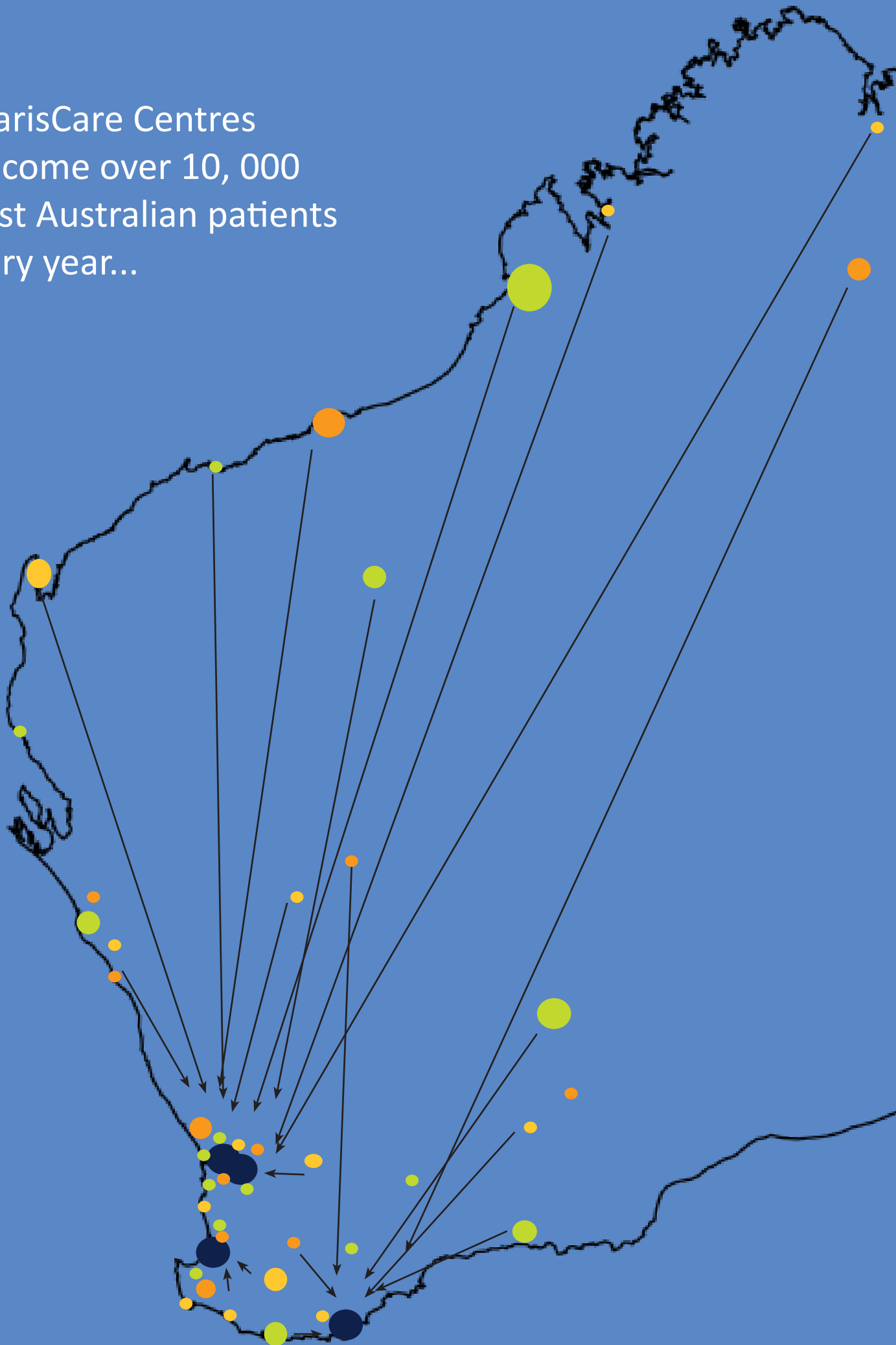




SolarisCare Annual Review 2014

*Making a difference to the lives of Western
Australians living with Cancer*

SolarisCare Centres
welcome over 10, 000
West Australian patients
every year...



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Chairman's Report



I don't pretend to know exactly what it is like to be told you have cancer; but I do have a fair idea. Last week, in my "day job", I estimate I had to tell three people about their new diagnosis of cancer; I saw about fifteen people in various stages of current cancer treatment, mostly chemotherapy; another fifteen or so in the 1 to 5 years after their cancer was treated; and three or so people whose cancer we were now unable to cure and so the focus has switched to end of life care.

This represents the full spectrum of scenarios that cancer throws up at us: the initial shock and then the blur of tests, appointments and treatments, and short-term side effects. Then comes the tense period in the first year after treatment, when the fear of recurrence is at its greatest; and then passing onto survivorship – having a good life after cancer; or sadly, sometimes palliative care and somehow achieving what might be called a good death.

The most recent cancer statistics available to us suggest around 12,000 Western Australians per annum were diagnosed with cancer in 2012 (excluding squamous and basal cell skin cancers); and that there are currently some 70,000 Western Australians living after a diagnosis of cancer, given that the overall survival at 5 years from major cancers in Australia is around 65% (1).

In our first thirteen years, it is fair to say the focus of SolarisCare has been upon helping people through the treatment phase. Our listening ear, caring hands, and our range of complementary and integrative therapies reduce distress, improve understanding, ameliorate symptoms and diminish treatment side effects. How do we know? Our in-house measurements of symptom distress and psychological scores on over 1400 cancer patients provided the first clue (2). We have looked closely at the type of people attending our centres and their quality of life (3); more recently we have published papers on the oasis-like effect of our treatment centres (4) and that the experience of attending a SolarisCare Support centre is a positive one (5). These are good outcomes from the SolarisCare Research Committee chaired by our RedSkyRide Research Fellow, Dr Anna Pettersen.

As a result of the reputation and impact of SolarisCare, I was invited to give a TedexPerth Talk in October 2013. It was a harrowing thing to prepare for, but a joy to give and have the chance to air my views on re-humanizing cancer care (6). I spoke about the possibility that if we diverted a fraction of the massive funds spent on drug development, into direct patient support, that would make a huge difference for so many people. Yes, we must harvest the benefits of the relatively new science of molecular medicine; but equally, we must never forget the scared person at the end of the needle who often needs more help than the overstretched mainstream health system can provide.

We now have four centres running well, with shared protocols, established treatment protocols (delivering about 700 treatments a month to Western Australians with cancer and their carers) and a wonderful track record of which all of us in the SolarisCare family can justly be proud. Our coordinators under Tres Hansen continue to manage the daily life of the centres superbly well, and with CEO David Edwards at the helm, we on the Board are pleased with the smooth running of the ship. Amongst our new appointees, Ms Ashlee Young has made a major impression upon all who meet her with her enthusiasm, diligence and positive contributions. I was astonished to see her turn up a few Saturdays ago as a RedSkyRide training run finished up at the Bell Tower (or maybe the coffee is unusually good there?).

Chairman's Report

Where to now then? The key next focus for us is survivorship, or perhaps a better term is “after-cancer care”. Many cancer patients express dislike of the “S word”, feeling it makes them feel like a game show survivor, or that it marks them as defined by their cancer diagnosis. SolarisCare has been closely involved with a developing initiative for providing post-treatment cancer patients with a chance to have a plan for their subsequent lives. I would be the last to in any way trivialise the experience of having cancer and what a rough deal it can be, but occasionally, out of the ashes can arise a person with a greater affirmation and intention to achieve a new joy in life. Indeed, I started SolarisCare in part to improve the opportunity for such outcomes to occur.

By allowing people to talk about their journey, by providing them with information on the benefits of exercise during and after therapy, with dietary advice, with lifestyle advice, a treatment summary and a survivorship plan, they would be far better equipped and positioned to move onto a full life after cancer. This isn't happening yet, but it is now the goal of most key cancer agencies internationally, the Clinical Oncology Society of Australia, and the WA Cancer and Palliative Care Network, which has just established a State-wide survivorship collaborative, of which this author is the appointed Clinical Lead. Hopefully we in the cancer community can now move more rapidly to make such procedures and outcomes the standard of care in W.A.

Thus, the last year has seen further consolidation, as I wrote in this report then; the Board has remained unchanged, except for the resignation of Ms Linda Siddall after several years. Linda has made a mighty contribution in her particular areas of expertise to which we have been able to draw upon. We thank Linda so very much for all she has done and wish her every success with future ventures. New appointments to the Board are likely in the coming months.

Fundraising remains a time-consuming, but necessary concern. The economic climate of W.A., especially in the charity and philanthropy sectors, has hardened in the last 12 months. We continue to expend much time and energy of our staff just to survive, those wonderful people associated with the RedSkyRide remain huge supporters in the most tangible way possible. We are grateful too for the continued open support of St John of God Health Care, and Steve Smith at Aspire Fitness conducts “The Chemo Club” with his usual bright optimism and bad jokes! David Edwards, will I am sure, cover the many other special mentions and thanks that we owe.

SolarisCare continues to lead the way in integrative oncology care in Australia, through the successful marriage of ancient ways of healing and the best of modern teaching hospital medicine available. In an ideal world, perhaps, we wouldn't have cancer; but there it is, and collectively we can better fight it, beat it more often, and more often live successfully with it when we have to. We in SolarisCare remain committed to doing all we can to help achieve these goals.

References

1. See <http://www.aihw.gov.au/cancer-data/>, accessed October 2014.
2. Joske DJL. Integrated care for cancer: the SolarisCare experience. In Olver I, Robotin M (Eds). Perspectives on Complementary and Alternative Medicines. Cancer Council Australia, Imperial College Press, Sydney 2012.
3. Furzer BJ, Wright KE, Petterson AS, Wallman KE, Ackland TR, Joske DJ. Characteristics and quality of life of patients presenting to cancer support centres: Patient rated outcomes and use of complementary therapies. BMC Complement Altern Med. 2013 Jul 11;13(1):169.
4. Williams AM, Bulsara CE, Joske DJ, Petterson AS, Nowak AK, Bennett KS. An Oasis in the Hospital - The Perceived Benefits of a Cancer Support Centre in a Hospital Setting Offering Complementary Therapies. J Holistic Nursing 2014 Mar 20 [epub ahead of print].
5. Furzer BJ, Petterson AS, Wright KE, Wallman KE, Ackland TR, Joske DJ. Positive patient experiences in an Australian integrative oncology centre. BMC Complement Altern Med. 2014 May 14;14:158.
6. See <http://www.youtube.com/watch?v=XwbMQYwgzWE> or google “Joske Ted Talk”.



CEO Report

SolarisCare's Annual Review provides an important opportunity for all of us to reflect on the achievements and challenges of the last 12 months, and to share some of the opportunities we see into the future. After almost 5 years at SolarisCare, I wanted to dedicate this review to the incredible impact and reach that SolarisCare has developed across the State of Western Australia. With the welcoming nature of our four SolarisCare Cancer Support Centres, almost no postcode is uncared for - a great testament to the growing awareness of the incredible care and support provided by our volunteer force of over 300.



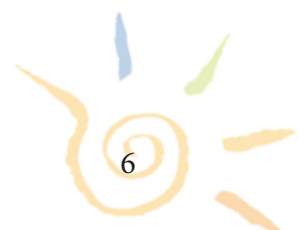
Collaboration - How We Do What We Do

Alone we can do so little, together we can do so much - Hellen Keller

As wonderfully exemplified in this quote by Helen Keller, it is the power of collaboration that truly makes things possible, and inevitably, the outcome even better than first thought. SolarisCare has grown incredibly over the past few years, and is now the leading provider of complementary therapy and wellness programs in Australia. This growth, essentially the ability to deliver more supportive care to cancer patients and their families, ultimately relies on the collaboration of our volunteers, staff, board, corporate supporters, community organisations, government, like minded agencies and the health system at large.

Whilst there is danger in singling out a few, I ask you to consider these examples of SolarisCare collaborations at work:

- Members of the team at Deloitte running a strategic Innovation Café to look to future opportunities. This involved stakeholders from across many of our events, including the SolarisCare Red Sky Ride.
- SolarisCare Collaborate Research Team includes representatives of all WA Universities, Department of Health, WA Psycho-Oncology Service and Cancer Council WA.
- Strong promotion and support from local government agencies in our volunteer recruitment and awareness drives.
- Hosting support for our integrated hospital based facilities through Department of Health. SolarisCare is the key provider of complementary therapies and wellness programs in this area.
- Steve Smith (Aspire Fitness, Claremont) and Amber Cekerevac (BodyCare Health Club, Albany) operating free SolarisCare Chemo Club fitness programs for patients.
- Justin Langer, SolarisCare Patron and Western Warriors Coach, breaks 2 world records to raise funds for SolarisCare during Dry July 2014.
- 21 riders, 7 volunteers, 1000km = \$350,000 = SolarisCare Red Sky Ride.
- 300 SolarisCare volunteers offering 8,500 free therapies, over 5000 interactions in our drop in centres and countless educational programs.



CEO Report

Our Environment

Contrary to popular belief, Not for Profit organisations do not operate in some sort of vacuum, and are subject to the fluctuations of financial markets and governments, just to name a few. The past few years have seen significant uncertainty within government, and combined with increasing financial uncertainty, have produced significant difficulties in attracting funds and support. What I would like to say, is that support remains extremely strong in all of these areas, and as business confidence returns, I am assured that we will see further growth.

SolarisCare deliberately places patient care and services at the forefront of the decisions we make. This has seen us open our two regional centres since 2010, and these communities have joined the metropolitan communities in embracing the work that we do, and helping to support us. In growing community lead initiatives, we believe that we will also be able to diversify to both new centres and additional services.

One of the key challenges for SolarisCare, and many impactful community organisations is that they sit outside the current policy regime. Policy drives spending. As more community organisations cover the space that was once supported through discretionary government spend, there is increasing calls on corporate and philanthropic funds. SolarisCare is working hard to ensure that both State and Federal governments are aware that we remain the major provider of supportive care programs in our space.

Against this backdrop is thankfulness. There are so many people and organisations that just find a way to get behind us. One of the key learnings from our Deloitte Innovation Café was that we are approaching our strategy correctly, but we have to leverage more to achieve it. This will be a key priority in the year to come.

Responding to Future Needs

In listening to our patients, families, community and government partners we are very mindful of the ongoing need to make SolarisCare's presence felt in an even greater capacity across Western Australia. We balance this with the need to ensure our ongoing sustainability in challenging conditions.



SolarisCare Founder and Chairman, Dr David Joske, continues to lead a collaborative team in investigating survivorship care for cancer patients in Western Australia. As cancer survival rates continue to rise in Australia, we must ensure that appropriate programs and pathways are available to those who seek to return to work, overcome financial hardship, and seek new ways of healthy living and redefining relationships from what they once were. David has recently been appointed as the WA Cancer and Palliative Care Network survivorship lead, and SolarisCare will continue its relationship in this context.



CEO Report

Probably one of the most challenging, and yet gratifying future needs feedback we face is from hospitals and communities wanting to establish SolarisCare Cancer Support Centres. We are working with a number of metropolitan and regional services to investigate these opportunities and the models that may allow them to flourish. SolarisCare has established itself in Australia as a unique and lead example of integrative cancer care, and has achieved this through the generosity of all of our partners, and in particular, our volunteers. It is a legacy we hope to continue.



Final Thanks

Each day that I work at SolarisCare provides me with the opportunity to meet with some amazing and generous individuals.

I thank our incredible staff, who work tirelessly throughout the day, and often during nights and weekends. Under the leadership of Treslyn Hansen, our centres continues to flourish, and our volunteer coordinators Val, Carline, Valmai and Cathleen have the opportunity to work in with their wonderful volunteers and communities.

Ashlee Young has flourished as the Marketing, PR and Events Manager and has ensured the growth of our awareness and the ongoing success of old events and development of new programs. Well done Ash.

Our Research and Education program continues to expand and ensure that SolarisCare is at the forefront of the Complementary Therapy / Wellness debate and that our volunteers and patients are well informed by evidence. Dr Anna Petterson and Trish Williams, and the Counselling team that present the Carer's and Bereavement courses are incredible.

Michelle Hilder is blandly described as "our accountant", but she fulfils a much greater role both personally and professionally for our organisation. Whatever is happening around her, Michelle always makes SolarisCare a priority.

My sincere thanks to David Joske and the Board for their guidance, wisdom and insights. They continue to encourage and inform me from their vast experience and significant capabilities, but more importantly, their humanity.

Finally, a thank you to those who walk through SolarisCare's doors every day, patients and family members. We appreciate being allowed to share your journey – sometimes sad, sometimes ecstatic, sometimes disillusioned, and sometimes joyful. Please know that whatever you are feeling, and wherever you find yourself, we at SolarisCare embrace you.



Just to say thank you to all the wonderful people at SolarisCare for helping me through after my chemo journey. The suggestions, tips, advice and encouragement, as well as the complementary therapies have helped me greatly during this difficult time.

- Anne



SolarisCare SCGH

3,642 therapies were delivered at SolarisCare Sir Charles Gairdner Hospital in the 2013-2014 financial year

SolarisCare's
Foundation
Centre -
Established in 2001

Centre Review

Centre Operations & Business Development

General Operations

The thirteenth year of the SolarisCare Foundation has seen all centres deliver excellent results in a challenging environment. Continued and sustainable growth has been achieved, albeit at a slower rate than the previous year. 8,568 therapies have been delivered to 30th June 2014, over 8,052 during the same time, prior year.

The centres have continued to expand their community outreach and the diversity of their operations and maintain and strengthen their recognition as the leading provider of support to cancer patients and their carers.

Creating a Sustainable Future

2014 operational activities have continued to maintain a disciplined approach which has supported quality growth of centre processes and services.

The Foundation now operates with an increased strategic outlook which will enable future expansion of capacity at all centres. The development of a regular outreach service at Genesis Care Radiology in the South West is an example of this. Therapists attend on a fortnightly basis to offer services to patients prior to their radiation therapy. This is proving very popular and is endorsed by the oncologists and nursing staff of the practice.

Diversity of preferred suppliers, community partnerships and careful management of logistics across multiple aspects of SolarisCare operations has enabled the Foundation to continue to grow, despite challenges in specific areas.

SolarisCare management continue to develop and implement innovative and customised processes that reduce costs and increase operational flexibility for each centre and the Foundation as a whole. This is particularly critical in the current economic climate where overall cost savings and reliable operational solutions and processes, are driving such efficiencies. Examples of such measures include the review of current suppliers, arrangements with new suppliers and service providers, price negotiation and improved networking to establish strong and diverse stakeholder relationships.

While 2014 saw a maintained focus on reducing costs, there was a directly proportionate increased synergy and involvement amongst all centres to engage and improve fundraising efforts. This has directly contributed to the greater visibility of the SolarisCare Foundation and Red Sky Ride brands and has supported and underpinned the growth and interest from a variety of community stakeholders. It is anticipated that such activities will assist to progress the diversification of reliable funding streams. The development and broader implementation of local initiatives are planned for the coming year.



Centre Review

During the past year, SolarisCare has also demonstrated commitment to environmental responsibility by purchasing safe, natural and organic products that are sustainable and responsibly sourced. This practice benefits SolarisCare patients and therapists while giving assurance to the wider community that the Foundation supports eco-friendly practices.

Centre Transformations

Utilising funds from the 2013 Dry July campaign, the Foundation has invested in improving the environment of SolarisCare centres to offer enhanced patient services and surroundings. Whilst all centres have benefited, the Sir Charles Gairdner Centre has seen a complete transformation with the installation of an aquarium, new artwork, comfortable and practical furniture and soft furnishings. All centre purchases have received overwhelming and emphatically positive feedback.

These funds also provided the means to purchase new equipment for the therapy rooms by way of massage tables and therapy trolleys which has expanded the breadth of the SolarisCare experience.

Aside from the practical benefits, such acquisitions offer improved occupational health and safety. The installation of electric massage tables with hydraulic function has eliminated the need for patients to use step stools. It has also reduced manual handling practices for therapists and staff, thereby improving the centres' risk management plan.

SolarisCare - A Safe Environment

Further to this, SolarisCare strives to create a safe experience for our patients, volunteers, staff, contractors and visitors and seeks to reinforce high safety standards with an ongoing level of commitment and care. This responsibility is constantly reinforced through three main areas:



- Clear and consistent leadership where the coordinators take ownership of safety within their centre and maintain that everyone is accountable and responsible for their actions.
- All centres have effective and standardised occupational health and safety systems in place. These systems are robust, regularly evaluated and improved as required. All processes comply with AS/NZS National Safety Standards.
- Safe behaviour is demonstrated through clear and consistent actions, processes and communication. On-line hand washing and fire safety programs are now established.

Centre Review

Our People



2014 saw a change of Volunteer Coordinator at the SolarisCare St John of God Centre. There have been no other staff or casual appointment changes.

The Foundation is committed to the creation of a flexible working and volunteering environment that promotes personal and professional growth. In 2015 Personal Development will become a focus and regular sessions for Volunteer Coordinators and volunteers are planned.

2015 will also see sustained emphasis on the value of attracting and retaining volunteers with diverse knowledge, skills, abilities and experiences. Engagement of such volunteers contributes to creating an inclusive workplace culture and enhances our aim to remain a volunteering organisation of choice.

Summary

The SolarisCare Foundation centres have had a year of challenges which have resulted in positive development.

The areas of focus outlined in this report will continue to be consolidated in order to contribute to the advancement of the Foundation. In summary, these include improved and sustainable fundraising efforts, ongoing OH&S processes, increased focus on personal development and support of staff and volunteers and sustainable budgetary efficiencies.

2015 will also see the continued physical and environmental improvement of SolarisCare Centres ensuring the most effective utilisation of the Dry July funding campaigns.

Such measures and consolidation will support all SolarisCare centres to continue steady and sustainable growth to meet the needs of 2015 and beyond.



Many thanks to all at SolarisCare who have helped us understand that we are not alone. The complementary therapies have really helped us relax and occasionally forget about our worries. Much appreciation and admiration for those who have given up their time to help others in need. Much love and many thanks.

-Asae and Lincoln



SolarisCare SJOG Subiaco

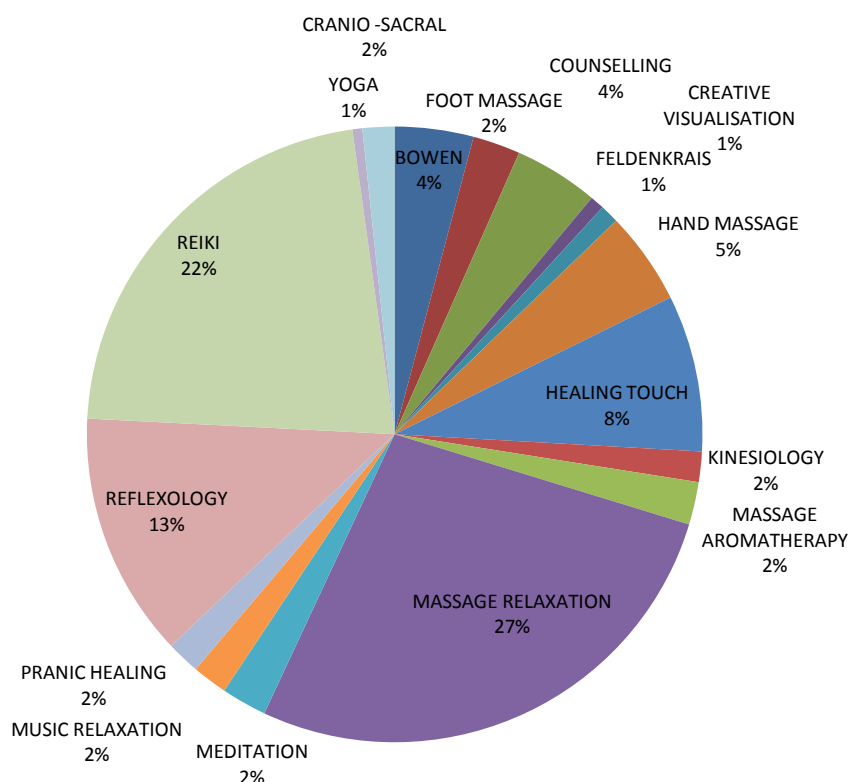
A
collaborative
partnership with
SJOG Hospital Subiaco

-
Established in
2008

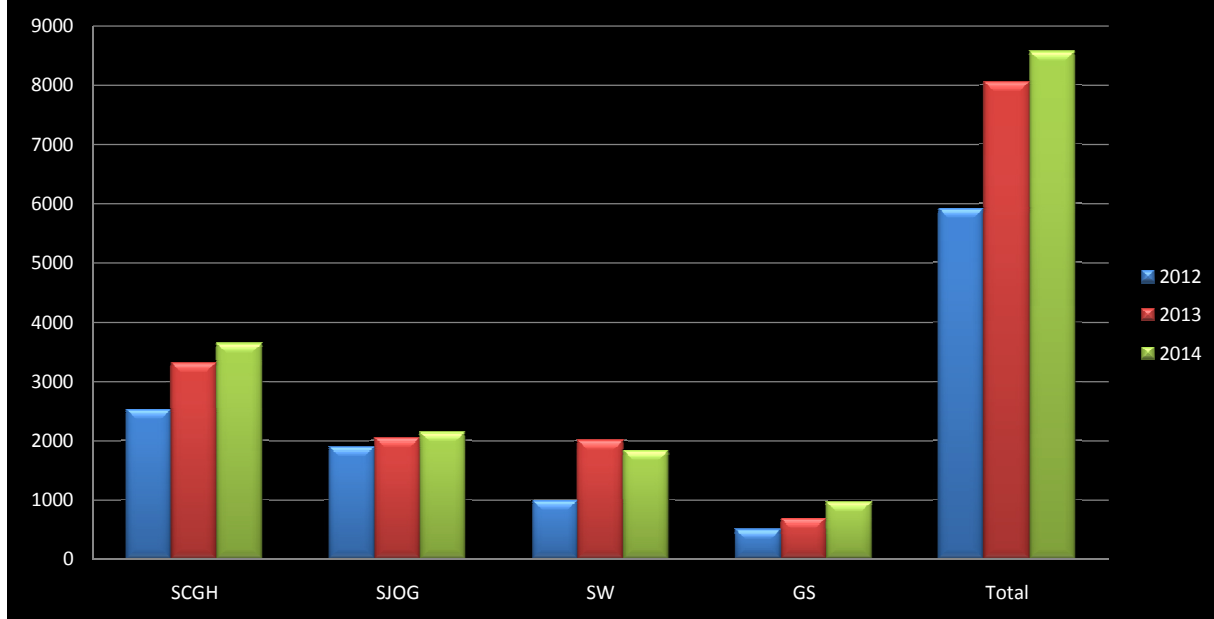
2,138 therapies were
delivered at SolarisCare st
John of God Hospital Subiaco in
the 2013-2014 financial year

How We Support

Types of Therapies Provided



Total Therapies Provided



Research and Education

Collaborative Research Team (CRT) Report

In addition to providing excellent treatment to our cancer patients and their carers, SolarisCare strives to lead the way in providing complementary therapies, research and education. In the past year, we have expanded our model of care to increasingly focus on supportive care for our patients following the completion of their medical treatments.

Research into the supportive care needs of those who have completed treatment not only covers ongoing symptoms and residual side effects but also encompasses the psychosocial and emotional impacts of a cancer diagnoses and is integral providing evidence-based best practice and care. Our collaborative research team have continued to develop, expand and rigorously evaluate and implement comprehensive supportive care initiatives. These initiatives are designed to reduce the suffering experienced by people affected directly and indirectly by cancer. The dedication and successes achieved by all those connected to SolarisCare's CRT demonstrate their ongoing commitment to improving supportive care at all SolarisCare Centres.

The Collaborative Research Team meet with the aim of developing new goals to further their research into the supportive care needs of people affected by cancer, either directly or indirectly. Expansive links with multiple groups including universities, allied health, and cancer service providers all assist in identifying and improving supportive care services offered by SolarisCare. Projects such as the provision of Reflexology on the Cancer Day Unit (SCGH Clinical Trial 2012-096), the Mindful Based Meditation group for Ward G73 staff and the Stress Reduction Course (SCGH Clinical Trial 2013-093) for patients and their carers have all contributed to improving services. The Men in the Kitchen, Men's Bereavement Program will resume in March 2015.

In addition, the publication of the Complementary Integrated Therapies booklet, the provision of Volunteer Training and the Carer's Course as well as success in publishing in peer-reviewed journals have all contributed to our innovative approach to provide evidence-based or evidence informed, supportive care practices.

Planning has commenced for our 4th Symposium to be held in Albany, 15th May 2015, with the theme *Care, Compassion, Commitment...* "Not only do we need to remind the public, the media and those in government about the special circumstances of people who live in rural and remote areas. We need to go the next step and deliver to them practicable solutions – and no one knows more about these than people actually living and working in non-metropolitan areas," said Gordon Gregory, Executive Director of the National Rural Health Alliance.



Collaborative Research Team

Dr Anna Petterson	SolarisCare/Sir Charles Gairdner Hospital	Edith Cowan University
Dr David Joske (Founder and Medical Advisor)	SolarisCare/Sir Charles Gairdner Hospital	
Ass/Prof Anne Williams	SolarisCare/Sir Charles Gairdner Hospital	The University of WA Murdoch & Edith Cowan Universities
Patricia Williams RN	SolarisCare/Sir Charles Gairdner Hospital/Royal Perth Hospital	
Ass/Prof Kellie Bennett	Sir Charles Gairdner Hospital	The University of WA
Dr Toni Musiello	Sir Charles Gairdner Hospital	The University of WA
Dr Suzie Brans	WA Psycho-Oncology Service (WAPOS)	
Dr Bonnie Furzer		The University of WA
Dr Ruth McConigley	(Denmark WA)	Curtin University
Dr Lisa Miller	Sir Charles Gairdner Hospital	

Community Support

The SolarisCare Foundation is responsible for delivering the highest level of care and support to patients, their families and carers throughout the cancer journey. Connecting the services offered through the SolarisCare Cancer Support Centres with the West Australian community is achieved through the development of community relations, marketing, media, fundraising, events, and philanthropic endeavours combined with building the culture of SolarisCare.

Engagement and Development

The SolarisCare Foundation continues to build awareness of the availability and value of the resources it provides to the community. As the Foundation develops further we aim, not only to engage new supporters, but also maintain and enhance active communication and interest with our current champions.

The past year has seen a shift towards an integrative communication strategy; empowering staff, volunteers, stakeholders and supporters to be actively involved in promoting the Foundation. In support of this, the organisation has expanded the variety of platforms available in which people can access appropriate up to date information. Over the past year SolarisCare has implemented a growing social media strategy, this has enabled a new demographic to engage with the news and events of SolarisCare and the broader cancer community. For example in the past year, interaction with the SolarisCare Foundation Facebook page has grown by 348%.

SolarisCare is building relationships with a broad cross-section of the community through increased engagement; formal presentations to organisations and associations, participation in external outreach events and positive affiliations with appropriate organisations.

Work continues on the development of a comprehensive guide to aid all centres in the delivery of cohesive, professional and definitive communication, and the implementation of planned improvements to ensure we are accessible to all members of the community.

Media

The number of media stories about the Foundation continues to grow at a progressive rate. Our two regional centres continue to have overwhelming support from the local media channels including print, radio and television.



Community Support

This year has also seen an increase in the publication of articles promoting the activities of our supporters through community newspapers such as 'Birthday Profits go to Charity' published in the Bunbury Herald, 31 December 2013. Corporate supporters have also taken an active role in educating their employees and networks on their involvement with SolarisCare through their internal publications.

The SolarisCare Collaborative Research Team, with a study lead by Dr Bonnie Furzer, was published in the peer reviewed journal BMC Complementary and Alternative Medicine, 'Positive Patient Experiences in an Australian Integrative Oncology Centre' Furzer et al. 2014, 14:158. Continuous and positive media coverage is vital in building awareness of the SolarisCare Cancer Support centres to the wider community, as well as reinforcing our stance as a leader in the field of integrated cancer care.

Fundraising and Corporate Collaborations

As a community based health care organisation, SolarisCare would not be able to continue to provide the extensive range of services without financial support from the wider community. Over the years we continue to see an increase in the number of care and support services delivered through our Cancer Support Centres across the state, demonstrating the growing need for integrative care.

SolarisCare is very appreciative to all the philanthropic organisations that have supported us this year, with funds to provide ongoing free complementary integrated therapies, support and educational courses: Carers Course, Bereavement Support Group, volunteer development and to maintain our 'drop-in' centres.

Our centres have taken a proactive approach to internal fundraising activities reflecting the dramatic increase in the amount raised. For example the SolarisCare South West's Christmas wrapping at Bunbury Centre Point Shopping Centre and the annual Spring Raffle at the Albany Agricultural Show.

In 2013/14 SolarisCare was nominated as a beneficiary in the national Dry July campaign with over 250 participants signing up to support the Foundation. These funds will be used progressively to enhance the patients experience within our public Cancer Support Centres. Funds have already been utilised through the purchase of new massage tables, sound proofing and artwork to enhance ambience and ensure the best possible care is provided.

The long standing collaboration with Aspire Gym, Claremont and SolarisCare has ensured the sustainability of the Chemo Club exercise program and its ongoing success as a way to advance patient care. The success and growing evidence of the benefits of exercise to cancer patients has initiated the development of a regional Chemo Club through the in-kind support of Body Care Health Club, Albany.

We are grateful for the continued support of the community, stakeholders and business sectors for their generosity in supporting us. In 2013/14 support was received through grants, fundraising and events and the value of in-kind support and donations.



Many thanks to staff and volunteers for your care and understanding during this life changing experience. It is a breath of fresh air, a place to replace and leave all the pressures of daily living aside for a while and be at peace when pain and aches influence your thoughts. Thank you SolarisCare.

– Olga



SolarisCare South West

The **first** regional
cancer hub in the
South West -
Established in 2010

1,704 therapies were
delivered at **SolarisCare**
South West in the 2013-2014
financial year

Financial Snapshot

Income and Expenditure

Income	2014	2013
Grants and Donations	310,523	363,413
Fundraising Events	528,503	524,561
Interest	18,465	31,467
Total	857,491	919,441

Expenditure

Cost of Charitable activities	476,428	473,316
Cost of Research	90,894	107,607
Cost of Generating funds	95,000	126,882
Cost of Fundraising events	173,675	176,029
Cost of Governance	229,890	233,220

Total	1,065,887	1,117,054
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Surplus/(Deficit)	-208,396	-197,613
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Balance Sheet

	2014	2013
Fixed Assets	592,352	570,026

Current Assets	2014	2013
Debtors	63,911	55,003
Cash at Bank	475,740	727,751

Total	539,651	782,754
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Creditors	117,017	129,399
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Net Current Assets	422,634	653,355
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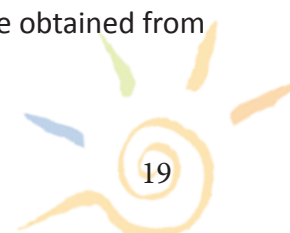
Total Assets less current liabilities	1,014,986	1,223,381
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Reserves	2014	2013
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Retained Earnings	1,014,986	1,223,381
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Total	1,014,986	1,223,381
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The summary of income and expenditure for 2014 set out above has been extracted from the full financial statements and does not constitute the charity's statutory financial statements. This summarised financial information may not contain sufficient information to allow for a full understanding of the financial affairs of the charity. For further information, the full financial statements, the auditors report and directors report on these financial statements should be consulted. Copies of the full financial statements can be obtained from David Edwards on 08 9381 3268.



Financial Snapshot

4% Donations
\$70,494
This is income received in our donation box or from corporates and individuals to support our services

0% Research
\$8,368
Funds donated towards supporting our research projects

20% Red Sky Ride Event
\$348,783
Funds raised to support this valuable event, where cyclists ride 1000kms over 8 days to raise funds to support our services.

4% Local Community fundraising
\$76,004
This includes income from volunteers and supporters who run events and fundraise locally in their communities.

6% Raffles and other fundraising activities
\$95,348
This is income from raffles, book sales and other fundraising activities organised in our centres.

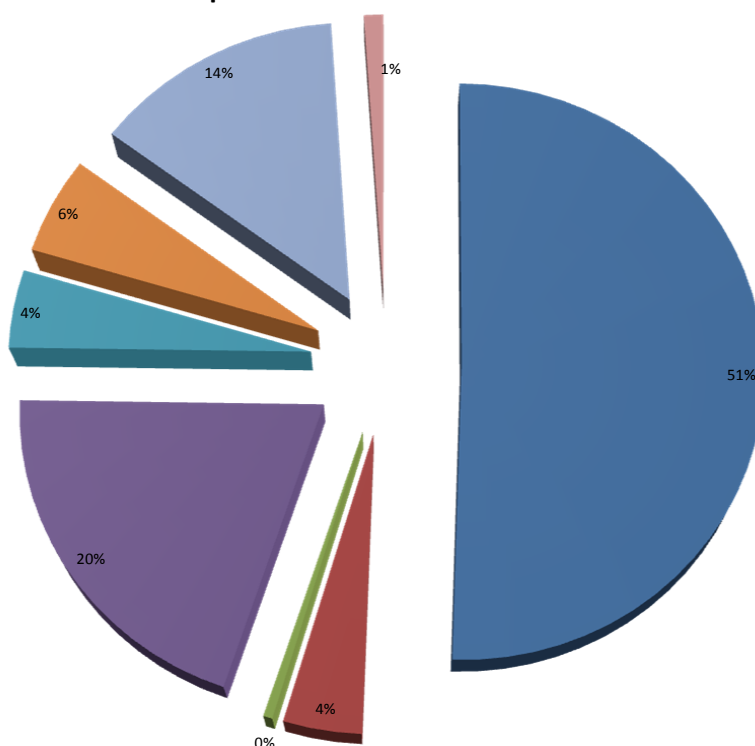
14% Grants and funding
\$240,029
This is money received from St John of God Hospital in Subiaco and the Brady Foundation to support our centres

1% Bank Interest
\$18,465
This is interest received on our money invested

Total Income
\$857,491

14% Volunteering & Probono Services
\$877,613
This includes 15 890 Volunteer hours, pro bono rental and professional services.

Inputs Generated in 2014



Financial Snapshot

42% Frontline Services

\$451,100

This is the cost of running our 4 cancer support centres.

2% Volunteer Education & Training

\$19,032

The cost of running courses and training programmes for our volunteers.

1% Patient Education

\$6,296

We run courses for the carers of cancer patients to assist them in their difficult role as a carer.

9% Research & Advocacy

\$90,894

We put substantial time and funds into the research of the benefits of complementary therapies to cancer patients.

16% Cost of fundraising events

\$173,675

This is the cost of organising the Red Sky Ride and other fundraising events held throughout the year.

8% Cost of Generating funds

\$95,000

This is the cost of promoting our services in order to generate donations and support for our services.

22% Cost of governance

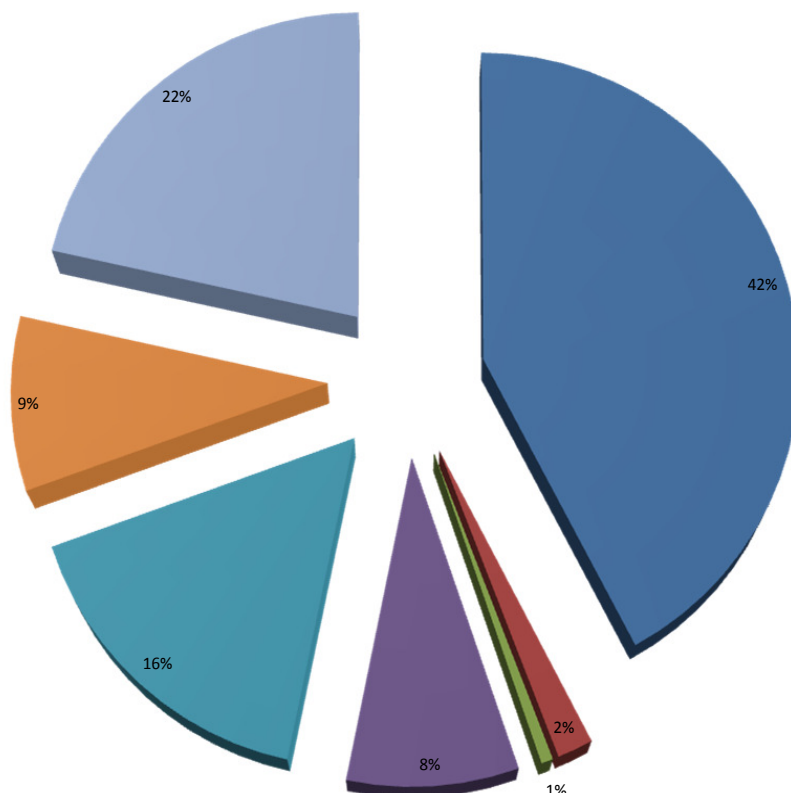
\$229,890

This includes all the required insurance, staff training and other costs to meet our ongoing requirements.

Total Expenditure

\$1,065,887

Outputs Allocated in 2014



The SolarisCare Centre is a beautiful haven where one can relax, recharge and benefit greatly from receiving complementary therapies. Thanks you to all at SolarisCare for your help and support.
– Yvonne



SolarisCare Great Southern

A key supportive care provider within the new Albany Health Campus -
Established in 2011

961 therapies were delivered at SolarisCare Great Southern in the 2013-2014 financial year



SolarisCare have made the roller coaster ride of having cancer bearable as you are a person and not a number. The love care and compassion that is shown here is unmatched to anywhere I have been – Tammy



To have positive souls around you at such challenging times feeds your soul to such an extent that you feel you can get through anything ... life or death! Gratitude overwhelms me when I walk in here. Thanks for feeding me what I need - Jan



This is an amazing peaceful place for people with cancer to find some moments of pleasure. Such wonderful and kind practitioners and staff are hard to find. Sincere gratitude- J



Thank you to all the wonderful caring and supportive staff in the centre. The time out in the centre has made my journey a little easier to travel. Thank you - Ralph

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Subiaco
Tel (08) 9388 9788

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Albany Health Campus
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SolarisCare
Integrated care for cancer