

## SOUTH WEST MONTHLY PROGRAM – NOVEMBER 2018

*To maximise patient benefit, individual therapies are limited to 1 per week excluding group and counselling appointments.*

W: Weekly      F: Fortnightly      M: Monthly

| MORNING (AM) APPOINTMENTS                             |       |       |  |       |       |  |       |       |  |       |       |        |  |  |
|---|-------|-------|--|-------|-------|--|-------|-------|--|-------|-------|--------|--|--|
| MONDAY  |       |       | TUESDAY  |       |       | WEDNESDAY  |       |       | THURSDAY   |       |       | FRIDAY |  |  |
| 9.30  | 10.30 | 11.30 | 9.30   |       |       | 9.30   | 10.30 | 11.30 | 9.30   | 10.30 |       |        |  |  |
| THERAPY Reflexology<br>THERAPIST Carolyn<br>W         |       |       | THERAPY Meditation<br>THERAPIST Julie<br>W                           |       |       | THERAPY Reiki<br>THERAPIST Kathryn<br>F                |       |       | THERAPY Reiki<br>THERAPIST Valarie<br>F                  |       |       |        |  |  |
| 9.30  | 10.30 | 11.30 |  | 10.30 | 11.30 | 9.30   | 10.30 | 11.30 | 9.30   | 10.30 | 11.30 |        |  |  |
| THERAPY Reflexology<br>THERAPIST Deb<br>M             |       |       | THERAPY Reflexology<br>THERAPIST Carolyn<br>W                        |       |       | THERAPY Reiki<br>THERAPIST Shona<br>F                  |       |       | THERAPY Reflexology<br>THERAPIST Nina<br>F               |       |       |        |  |  |
| 9.30  | 10.30 | 11.30 | 9.30   | 10.30 | 11.30 | 9.30   | 10.30 |       | 9.30   | 10.30 | 11.30 |        |  |  |
| THERAPY Bowen<br>THERAPIST Hayden<br>W                |       |       | THERAPY<br>Massage/Reflexology<br>THERAPIST Freda<br>F               |       |       | THERAPY Bowen<br>THERAPIST Hayden<br>W                 |       |       | THERAPY<br>Kinesiology/Reiki<br>THERAPIST Karen<br>F     |       |       |        |  |  |
| 9.30  | 10.30 | 11.30 | 9.30   | 10.30 | 11.30 | 9.30   |       |       | 9.30   | 10.30 | 11.30 |        |  |  |
| THERAPY Counselling<br>THERAPIST Barbara<br>F         |       |       | THERAPY Indian Head<br>Massage/Reflexology<br>THERAPIST Monique<br>F |       |       | THERAPY Reiki<br>THERAPIST Ilana<br>F                  |       |       | THERAPY Massage<br>THERAPIST Robyne<br>F                 |       |       |        |  |  |
|   |       |       | 1.30   | 2.30  | 3.30  |  |       |       |  |       |       |        |  |  |
|   |       |       | THERAPY Bowen<br>THERAPIST Nanette<br>F                              |       |       |  |       |       |  |       |       |        |  |  |
| AFTERNOON (PM) APPOINTMENTS                           |       |       |  |       |       |  |       |       |  |       |       |        |  |  |
| MONDAY  |       |       | TUESDAY  |       |       | WEDNESDAY  |       |       | THURSDAY   |       |       | FRIDAY |  |  |
|   | 2.30  | 3.30  | 1.30   | 2.30  |       | 1.30   | 2.30  | 3.30  | 1.30   | 2.30  | 3.30  |        |  |  |
| THERAPY Reiki<br>THERAPIST Rosie<br>W                 |       |       | THERAPY<br>Massage/Facials<br>THERAPIST Rose<br>F                    |       |       | THERAPY Reiki<br>THERAPIST Vera<br>W                   |       |       | THERAPY Hand & Foot<br>Massage<br>THERAPIST Natalie<br>F |       |       |        |  |  |
| 1.30  | 2.30  |       | 1.30   | 2.30  | 3.30  | 1.30   | 2.30  | 3.30  | 1.30   | 2.30  | 3.30  |        |  |  |
| THERAPY Hand & Foot<br>Massage<br>THERAPIST Zona<br>F |       |       | THERAPY Massage<br>THERAPIST Cathy<br>F                              |       |       | THERAPY Massage<br>THERAPIST Astrid<br>F               |       |       | THERAPY Hand & Foot<br>Massage<br>THERAPIST Cheryl<br>W  |       |       |        |  |  |
| 1.30  | 2.30  | 3.30  | 1.30   |       |       | 1.30   | 2.30  | 3.30  |  |       |       |        |  |  |
| THERAPY Reiki<br>THERAPIST Mary<br>F                  |       |       | THERAPY Harp Music<br>THERAPIST Helen<br>M                           |       |       | THERAPY Hand & Foot<br>Massage<br>THERAPIST Ashok<br>F |       |       |  |       |       |        |  |  |
| 1.30  | 2.30  |       | 1.30   | 2.30  |       |  |       |       |  |       |       |        |  |  |
| THERAPY Reflexology<br>THERAPIST Helen<br>M           |       |       | THERAPY Reiki<br>THERAPIST Ayleen<br>F                               |       |       |  |       |       |  |       |       |        |  |  |
|   |       |       |  |       |       |  |       |       |  |       |       |        |  |  |

*Please phone (08) 9791 1559 to make an appointment.*

*All services are free of charge and provided through the generous contributions of our volunteers.*

*The therapies listed in this program are subject to change.*

***Please note: Solaris Cancer Care services are limited to adult patients and their carers who are undergoing current cancer treatment and to those who are palliative. At the conclusion of treatment, a further six sessions only, are offered.***

## UPCOMING SOLARIS CANCER CARE EVENTS



 Solaris Cancer Care

# CHRISTMAS BAZAAR

**SATURDAY, 24TH NOVEMBER 2018**  
**10AM—5PM**

LIVE MUSIC—CHRISTMAS GIFT RAFFLE—LIGHT REFRESHMENTS & SO MUCH MORE...

*Come celebrate the joy of Christmas in a festive, lively atmosphere.  
This is the perfect opportunity to pick up beautiful, unique and affordable Christmas*

LYNDENDALE FARM  
828 CROOKED BROOK ROAD, DARDANUP T: 9728 3038 E: LYNDENDALE.GALLERY@LIVE.COM.AU

Solaris Cancer Care is Australia's leader in integrative cancer care, providing a helping hand to guide people towards better health. Our Support Centres provide access to quality resources and services to assist with the emotional and physical effects of cancer diagnosis, treatment, recovery and palliative care.

*Solaris Cancer Care is a not for profit organisation and all services are provided free of charge.*



## SOLARIS CANCER CARE SUPPORT CENTRE SOUTH WEST

### NOVEMBER PROGRAM 2018

***Offering free support and information services  
to all adult cancer patients and their primary carers***

*Complementary Integrated Therapies  
Support & Counselling  
Information & Education Services  
On-site Library & Resources  
Drop-in Centre  
Relaxation Lounge Area*

**For bookings or information please contact us on**

**P: 08 9791 1559**

**E: [csmsw@solariscancercare.org.au](mailto:csmsw@solariscancercare.org.au)**

or visit

**72 Brittain Road  
BUNBURY  
W.A. 6230**

**MONDAY –THURSDAY  
8.30AM-4.30PM**



[WWW.SOLARISCANCERCARE.ORG.AU](http://WWW.SOLARISCANCERCARE.ORG.AU)

[WWW.REDSKYRIDE.ORG.AU](http://WWW.REDSKYRIDE.ORG.AU)