

ST JOHN OF GOD WEEKLY PROGRAM – MARCH 2020

To maximise patient benefit, individual therapies are limited to 1 every 7 days excluding group and counselling appointments.

W: Weekly F: Fortnightly M: Monthly

MORNING (AM) APPOINTMENTS														
MONDAY			TUESDAY			WEDNESDAY			THURSDAY			FRIDAY		
10:00	11:00	12:00	9:30	10:30	11:30	9:00	10:00	11:00	10:30	11:30		9:30	10:30	11:30
RELAXATION MASSAGE CLARE CARNEY F			REIKI MARGARET PAPAELIAS W			REFLEXOLOGY SABINE DEMARTE M			CREATIVE VISUALISATION HELEN MARTINO-BAILEY W			RELAXATION MASSAGE ADAM HURRELBRINK W		
9:30	10:30	11:30	9:30	10:30	11:30	9:30	10:30	11:30	9:30	10:30	11:30	9:30	10:30	11:30
RELAXATION FACIAL DANIELA MERCERON M			RELAXATION MASSAGE ANDREA PURSEY F			REFLEXOLOGY TARA KAY M			REIKI SONYA KHEMLANI F			RELAXATION MASSAGE PASQUALE MEZZATESTA F		
9:30	10:30	11:30	9:30	10:30	11:30	9:00	10:00	11:00	10:30	11:30		10	11	1
REIKI JUNKO COCKERILL F			REFLEXOLOGY Gabriela Serendeco M			COUNSELLING ALISON BICKELL W			REIKI MARIA OLYNK F			HAND/FOOT MASSAGE KATE BLACK W		
9:30	10:30	11:30	9:30	10:30	11:30	9:00	10:00	11:00	10:30	11:40	12:50	9:30	10:30	
REFLEXOLOGY SARAH COLE M			RELAXATION MASSAGE JAIDE CAMERON F			REFLEXOLOGY KELLY LOU THEAN M			COUNSELLING JENNY WALKER W			FACIAL REFLEXOLOGY CATHERINE BARR M		
10:00	11:30		10:00	11:00	12:30	9:30	10:30		9:30	10:30	11:30	10:00	11:00	
HYPNOTHERAPY MALWINA F			REIKI MIKE CHOO F			REIKI EESHA PATEL M			KINESIOLOGY LESLEY LIDDELOW F			RELAXATION MASSAGE HANA WEI M		
11:45			10:30	11:30		9:30	10:30							
BOWEN TECHNIQUE MIA ABRAHAMS W			RELAXATION MASSAGE JUNKO COCKERILL F			REIKI MARGRETT ROBSON F								
10:00	10:50	11:40												
REIKI 30 min session ALISON KOPKE F														
AFTERNOON (PM) APPOINTMENTS														
MONDAY			TUESDAY			WEDNESDAY			THURSDAY			FRIDAY		
1:45	2:30		12:45	45 Minutes		12:30	1:30	2:30	12:00	1:00	2:00	1:00	2:00	3:00
PRANIC HEALING TRISH WILLIAMS F			EXERCISE PHYSIOLOGIST JESSE CHANDLER W 45 minutes Group			HAND/FOOT MASSAGE LILY LAVERY F WARDS ONLY			REIKI LUCY TESORO M WARDS			REIKI AARON KOSSENBERG W		
1:00	2:00	3:00	1:45	45 minutes		1:00	2:00	3:00	1:00	2:00	3:00	1:00	2:00	3:00
RELAXATION MASSAGE TAFE STUDENTS F			PILATES group LISA PETERSON W			COUNSELLING DAWN ANNAND W			LOMI LOMI MASSAGE GABRIELLE WALKER F			REIKI STACEY KELLY M		
1pm – 4pm			2:45	60 minutes		12:45	1:45	2:45	1:00	2:00	3:00	1:00	2:00	
SEATED MASSAGE-STAFF TAFE STUDENTS 30 min massage			YOGA group CAROLINE HAYERS W			ACUPUNCTURE ERIN HUANG F			REIKI KAREN LINDSAY-SMITH W			REIKI SARA REVET W		
1:00	2:00	3:00	1:30	2:30		1:00	2:00	3:00	1:00	2:00	3:00	1:00	2:30	
HYPNOTHERAPY MARIE BOWEN F			HEALING TOUCH JANE MEIKLEM F			REIKI KAREN LINDSAY-SMITH F			RELAXATION MASSAGE HANNAH LI F			HYPNOTHERAPY AMANDA SCOTT F		
1:00	1:50	2:40	1:00	2:00		1:30	2:30	3:30		2:00	3:00	12:00	1:00	
REIKI 30 min session ALISON KOPKE F			BOWEN TECHNIQUE MIA ABRAHAMS F			REIKI CHARMAINE McDONALD				2:00	3:00	RELAXATION MASSAGE HANA WEI M		

Please phone (08) 9388 9788 to make an appointment. All services are free of charge and provided through the generous contributions of our volunteers. The therapies listed in this program are subject to change.

Please note: Solaris Cancer Care services are limited to adult patients and their carers who are undergoing current cancer and palliative treatment. If you have a group session (Yoga, Meditation, Physiologist, Pilates), Counselling, Hair Health or a Hand Massage, you are welcome to have another treatment in that week.

At the conclusion of active treatment, a further six sessions only, are offered



Proudly announce the return of

THE CHEMO CLUB

TUESDAYS
10.45AM-11.30PM.
ASPIRE FITNESS
CLAREMONT GOLF COURSE,
LAPSLEY RD, CLAREMONT,
(08) 9385 0424

These free sessions are for patients undergoing treatment or about to start. Please note this is not available for patients who have finished treatment.



Solaris Cancer Care

TUESDAY MARCH 17
Perth School of Reflexology Students
Book in now from 10am



Solaris Cancer Care

Mother's Day Raffle 2020

\$3.00 a ticket
Buy it Now!

1st Prize
\$15,000.00 Cash
Drawn 8 May 2020

Tickets available in all centres & online at solaris.auraffles.com.au

Solaris Cancer Care is Australia's leader in integrative cancer care, providing a helping hand to guide people towards better health. Our Support Centres provide access to quality resources and services to assist with the emotional and physical effects of cancer diagnosis, treatment, recovery and palliative care.

Solaris Cancer Care is a not for profit organisation and all services are provided free of charge.

FOLLOW US ON



SOLARIS CANCER CARE CANCER SUPPORT CENTRE ST JOHN OF GOD HOSPITAL SUBIACO

MARCH PROGRAM 2020

Offering free support and information services to all adult cancer patients and their primary carers currently receiving treatment at SJOG Subiaco Hospital only.

*Complementary Integrated Therapies, Support & Counselling
Information & Education Services*



Please help us Survive & Thrive
www.solaristhrive.com.au

For bookings or information please contact us on

P: 08 9388 9788

E: csmsjog@solariscancercare.org.au

MONDAY – FRIDAY

9:00AM – 4:30PM

Closed Public Holidays