

ST JOHN OF GOD WEEKLY PROGRAM – January 2019

During January many of our volunteers enjoy a well-earned break so we offer a reduced service.

OPEN 10.00am to 2.00pm

Our full program will resume on Monday 4th February 2019

To maximise patient benefit, individual therapies are limited to 1 per week excluding group and counselling appointments.

W: Weekly F: Fortnightly M: Monthly

APPOINTMENTS														
MONDAY			TUESDAY			WEDNESDAY			THURSDAY			FRIDAY		
			10:30	11:30	12:30	10:30	11:30	12:30	10:30	11:30	12:30	10:30	10:50	
			KINESIOLOGY LESLEY LIDDELOW F			COUNSELLING DAWN ANNAND W			REIKI CHARMAINE McDONALD			HAND/FOOT MASSAGE KATE BLACK W		
			10:30	11:30	12:30	10:30	11:30	12:30	1:00			10:30	11:30	12:30
			REIKI MICHELLE MCINTYRE			REFLEXOLOGY TARA KAY M			RELAXATION MASSAGE HANA WEI W			RELAXATION MASSAGE PASQUALE MEZZATESTA F		
			10:30	11:30	12:30							10:00	11:00	
			REFLEXOLOGY KELLY LOUTHEAN F									RELAXATION MASSAGE ADAM HURRELBRINK W		
			10:30	11:30										
			REIKI JUNKO COCKERILL F											
			12:30											
			RELAXATION MASSAGE JUNKO COCKERILL F											

Please phone (08) 9388 9788 to make an appointment.

All services are free of charge and provided through the generous contributions of our volunteers.

The therapies listed in this program are subject to change.

Please note: Solaris Cancer Care services are limited to adult patients and their carers who are undergoing current cancer treatment and to those who are palliative.

At the conclusion of treatment, a further six sessions only, are offered.

ORAL HYGIENE PRESENTATION

- Thursday January 10, 2019
- 10:30 am – 11:30 am
- SJOG Subiaco Solaris Cancer Care Centre
- RSVP January 9 to csmsjog@solariscancercare.org.au or 9388 9788

Cancer patients, especially head and neck cancer patients undergoing chemotherapy and/or radiotherapy need special oral health care.

This presentation at our SJOG Subiaco centre will cover oral hygiene instructions and provide all attendees with an oral hygiene pack to implement these.



Solaris Cancer Care is Australia's leader in integrative cancer care, providing a helping hand to guide people towards better health. Our Support Centres provide access to quality resources and services to assist with the emotional and physical effects of cancer diagnosis, treatment, recovery and palliative care.

Solaris Cancer Care is a not for profit organisation and all services are provided free of charge.



SOLARIS CANCER CARE SUPPORT CENTRE ST JOHN OF GOD HOSPITAL SUBIACO

JANUARY PROGRAM 2019

***Offering free support and information services
to all adult cancer patients and their primary carers
at SJOG HOSPITAL SUBIACO.***

*Complementary Integrated Therapies
Support & Counselling
Information & Education Services
On-site Library & Resources
Drop-in Centre
Relaxation Lounge Area*

For bookings or information please contact us on

08 9388 9788

E: csmsjog@solariscancercare.org.au

or visit

**SOLARIS CANCER CARE
ST JOHN OF GOD HOSPITAL
12 SALVADO ROAD
SUBIACO WA 6008**

**MONDAY – FRIDAY
10:00AM – 2:00PM
CLOSED PUBLIC HOLIDAYS**