

# SIR CHARLES GAIRDNER HOSPITAL WEEKLY PROGRAM – JUNE 2019

*To maximise patient benefit, individual therapies are limited to 1 per week excluding group and counselling appointments*

W: Weekly      F: Fortnightly      M: Monthly														
MORNING (AM) APPOINTMENTS														
MONDAY			TUESDAY			WEDNESDAY			THURSDAY			FRIDAY		
9:30	10:30	11:30	9:30	10:30	11:30	9:30	10:30	11:30		10:30	11:30	9:30	10:30	11:30
HEALING TOUCH Ainslie Alison      F			REFLEXOLOGY Margot Wigston      W			RELAXATION MASSAGE Tim Fisher      F			RELAXATION MASSAGE Irene Brannigan      W			ACUPUNCTURE Khiuk Pui      F RELAXATION MASSAGE Jaine Konarik      F		
PRANIC HEALING Trish Williams      W Colleen Coccaro      W			REIKI Ula Panotidis      F			HEALING TOUCH Rosalie Van Aken      M			REIKI Juanita Wilcox      W Theresa Goulson      M John McQuade      F			REIKI Tia Daley      F Bob Stimpson      W		
HYPNOTHERAPY Malwina Szmaglinska      F			HEALING TOUCH Jane Meiklem      F			REIKI Tomoko Shearsby      W			ACUPUNCTURE Gordon Hudson      F			COUNSELLING Li-Anne Yellachich      W		
				10:30	11:30	9:30	10:30	11:30	9:30	10:30	11:30	9:30	10:30	11:30
			RELAXATION MASSAGE Charlotte Law      F			REFLEXOLOGY Sharmila Thakrar      F			REFLEXOLOGY Irene Brannigan      W Cordi Blood      F			HEALING TOUCH Brigitte Nyenhuis      F		
			KINESIOLOGY Carola Knapp      W			YOGA Sue Burgess      W						YOGA Sue Burgess      W		
						PHYSIOTHERAPY Max Sadka      W						REFLEXOLOGY Kris Spackman      W		
AFTERNOON (PM) APPOINTMENTS														
MONDAY			TUESDAY			WEDNESDAY			THURSDAY			FRIDAY		
1:00	2:00	3:00	1:00	2:00	3:00	1:00	2:00	3:00	1:00	2:00		1:00	2:00	3:00
RELAXATION MASSAGE Sally Hendriks      F Dharma McDonald      F			PRANIC HEALING Anne McKellar      F REIKI Jane Leeming      F			HEALING TOUCH Christine McGillivray      F Leanne den Hartog      F			RELAXATION MASSAGE Irene Brannigan      W REFLEXOLOGY/REIKI Joyce Camenzuli      W			KINESIOLOGY Tanya Spooner		
REIKI (Reflexology) Joyce Camenzuli      M			REFLEXOLOGY Margot Wigston      W Nampur Kelsang      F						REIKI Theresa Goulson      M Anthony Deleo      F Jane Leeming      F			REIKI Anna Damski      F		
KINESIOLOGY Warren Timms      F			HEALING TOUCH Anita Kaskens      F			REFLEXOLOGY Bev Doggett      M Michelle Hilder      F			FELDENKRAIS Elwyn Edwards      F					
			RELAXATION MASSAGE Sally Hendricks      F			HYPNOTHERAPY Maureen McGlynn      F			HEALING TOUCH Ainslie Allison      F					
			COUNSELLING Pauline Rowe      W						COUNSELLING Melanie Edwards      W					

*Please phone (08) 6383 3475 to make an appointment. All services are free of charge and provided through the generous contributions of our volunteers. The therapies listed in this program are subject to change.*

***Please note: Solaris Cancer Care services are limited to adult patients and their carer who are undergoing current cancer treatment and to those who are palliative. At the conclusion of treatment, a further six sessions only, are offered.***

## SLY JULY

### AN INDULGENCE OF ART, OYSTERS, CANAPES AND BUBBLES

When: Friday 19 JULY 2019 Time: 7.00 – 9.00 PM

Where: 80 Railway St. Cottesloe

Tickets \$50 all-inclusive and a **GOLDEN TICKET** for Dry July'ers

Book Online: [www.trybooking.com/BCAMJ](http://www.trybooking.com/BCAMJ)

## DRY JULY

Our Centre Manager, Linda, is going dry for the month of July and she would really welcome donations, big or small.

[www.dryjuly.com/users/linda-hart-3](http://www.dryjuly.com/users/linda-hart-3)

And keep an eye out for our annual Dry July Book Stall which will be held on 3<sup>rd</sup> and 4<sup>th</sup> July on Watling Walk.

## CARERS COURSE

**SATURDAY 3 AUGUST 2019 - 9.45 am – 4.00 pm**

This course focuses on the challenges and demands of being a carer and provides you with information and strategies.

This course is free to anyone caring for someone with cancer or a serious illness.

Bookings essential: [www.solariscancercare.org.au](http://www.solariscancercare.org.au)  
[info@solariscancercare.org.au](mailto:info@solariscancercare.org.au) or phone 9388 9788 to secure your place.

Location: **Solaris Cancer Care St John of God Hospital**  
12 Salvado Road, Subiaco

Solaris Cancer Care is Australia's leader in integrative cancer care, providing a helping hand to guide people towards better health. Our Support Centres provide access to quality resources and services to assist with the emotional and physical effects of cancer diagnosis, treatment, recovery and palliative care.

*Solaris Cancer Care is a not for profit organisation and all services are provided free of charge.*



## SOLARIS CANCER CARE SIR CHARLES GAIRDNER HOSPITAL

### JUNE 2019 PROGRAM

*Offering free support and information services  
to all adult cancer patients and their primary carers*

*Complementary Integrated Therapies  
Support & Counselling  
Information & Education Services  
On-site Library & Resources  
Drop-in Centre  
Relaxation Lounge Area*

**For bookings or information please contact us on**

**P: 08 6383 3475**

**E: [info@solariscancercare.org.au](mailto:info@solariscancercare.org.au)**

or visit

**DD Block Ground Floor (entry off Watling Walk)  
Sir Charles Gairdner Hospital  
Hospital Avenue  
NEDLANDS WA 6009**

**MONDAY – FRIDAY**

**8.30 a.m. – 4.30 p.m.**

[WWW.SOLARISCANCERCARE.ORG.AU](http://WWW.SOLARISCANCERCARE.ORG.AU)

[WWW.REDSKYRIDE.ORG.AU](http://WWW.REDSKYRIDE.ORG.AU)