

SIR CHARLES GAIRDNER HOSPITAL WEEKLY PROGRAM – MARCH 2019

To maximise patient benefit, individual therapies are limited to 1 per week excluding group and counselling appointments

W: Weekly F: Fortnightly M: Monthly														
MORNING (AM) APPOINTMENTS														
MONDAY			TUESDAY			WEDNESDAY			THURSDAY			FRIDAY		
9:30	10:30	11:30	9:30	10:30	11:30	9:30	10:30	11:30		10:30	11:30	9:30	10:30	11:30
HEALING TOUCH Ainslie Alison F			REFLEXOLOGY Margot Wigston W			RELAXATION MASSAGE Tim Fisher F			RELAXATION MASSAGE Irene Brannigan W			ACUPUNCTURE Khiuk Pui F RELAXATION MASSAGE Jaine Konarik F		
PRANIC HEALING Trish Williams W Colleen Coccaro W			REIKI Ula Panotidis F			HEALING TOUCH Rosalie Van Aken M			REIKI Juanita Wilcox W Theresa Goulson M John McQuade F			REIKI Tia Daley F Bob Stimpson W		
HEALING TOUCH Jane Meiklem F			REIKI Tomoko Shearsby W Junko Cockerill F			ACUPUNCTURE Gordon Hudson F			COUNSELLING Li-Anne Yellachich W					
			REFLEXOLOGY Sharmila Thakrar F			REFLEXOLOGY Cordi Blood F Irene Brannigan W			HEALING TOUCH Brigitte Nyenhuis F					
			YOGA Sue Burgess W			YOGA Sue Burgess W								
			PHYSIOTHERAPY Max Sadka W			REFLEXOLOGY Kris Spackman W								
AFTERNOON (PM) APPOINTMENTS														
MONDAY			TUESDAY			WEDNESDAY			THURSDAY			FRIDAY		
1:00	2:00	3:00	1:00	2:00	3:00	1:00	2:00	3:00	1:00	2:00		1:00	2:00	3:00
RELAXATION MASSAGE Sally Hendriks F Dharma McDonald F			PRANIC HEALING Anne McKellar F REIKI Delwyn Klevenow F Jane Leeming F			HEALING TOUCH Christine McGillivray F			RELAXATION MASSAGE Irene Brannigan W			RELAXATION MASSAGE Rob Dare W		
REIKI (Reflexology) Joyce Camenzuli F			REFLEXOLOGY Margot Wigston W Nampur Kelsang F			CRANIOSACRAL Rikta Hawkins W			REIKI Theresa Goulson M Anthony Deleo F Jane Leeming F			REIKI Anna Damski F		
KINESIOLOGY Warren Timms F			HEALING TOUCH Anita Kaskens F			REFLEXOLOGY Bev Doggett M Michelle Hilder F			FELDENKRAIS Elwyn Edwards F					
RELAXATION MASSAGE Sally Hendricks F			HYPNOTHERAPY Maureen McGlynn F			HEALING TOUCH Ainslie Allison F								
			COUNSELLING Pauline Rowe W											

Please phone (08) 6383 3475 to make an appointment. All services are free of charge and provided through the generous contributions of our volunteers. The therapies listed in this program are subject to change.

Please note: Solaris Cancer Care services are limited to adult patients and their carers who are undergoing current cancer treatment and to those who are palliative. At the conclusion of treatment, a further six sessions only, are offered.

CARERS COURSE

SATURDAY 9 MARCH 2019 - 9.45 am – 4.00 pm

This course focuses on the challenges and demands of being a carer and provides you with information and strategies.

This course is free to anyone caring for someone with cancer or a serious illness.

Bookings essential: www.solariscancercare.org.au
info@solariscancercare.org.au or phone 6383 3483 to secure your place.

LOOK GOOD FEEL BETTER

SATURDAY, 16 MARCH 2019 - 8.30 am – 12.30 pm

Give yourself an image boost!

Look Good Feel Better is dedicated to teach you beauty techniques to help restore your appearance and self-image. **Registration is essential** – please pick up a Workshop Registration Form from our Meet & Greet.

Where: Solaris Cancer Care Sir Charles Gairdner Hospital

SOLARIS CANCER CARE BUSINESS BREAKFAST

Wednesday 3 April 2019 – 7.00 am-9.30 am

The key note speaker will be Glen Jakovich and the theme is “Resilience”.

Book online www.trybooking.com/YWDM

\$90 per person or \$600 per table of 8 - Grand Ballroom, Hyatt Regency Hotel, 99 Adelaide Tce. Perth

Solaris Cancer Care is Australia’s leader in integrative cancer care, providing a helping hand to guide people towards better health. Our Support Centres provide access to quality resources and services to assist with the emotional and physical effects of cancer diagnosis, treatment, recovery and palliative care.

Solaris Cancer Care is a not for profit organisation and all services are provided free of charge.



SOLARIS CANCER CARE SIR CHARLES GAIRDNER HOSPITAL

MARCH 2019 PROGRAM

*Offering free support and information services
to all adult cancer patients and their primary carers*

*Complementary Integrated Therapies
Support & Counselling
Information & Education Services
On-site Library & Resources
Drop-in Centre
Relaxation Lounge Area*

For bookings or information please contact us on

P: 08 6383 3475

E: info@solariscancercare.org.au

or visit

**DD Block Ground Floor (entry off Watling Walk)
Sir Charles Gairdner Hospital
Hospital Avenue
NEDLANDS WA 6009**

MONDAY – FRIDAY

8.30 a.m. – 4.30 p.m.

WWW.SOLARISCANCERCARE.ORG.AU

WWW.REDSKYRIDE.ORG.AU